

### RSE in Year 3

Topic	Learning Intention	Learning Outcome
Self Esteem	<ul style="list-style-type: none"> <li>• To be able to recognise their worth as individuals by identifying positive things about themselves and their achievements, and by beginning to identify the areas which need to be strengthened.</li> </ul>	<ul style="list-style-type: none"> <li>• To see oneself as special, to recognise strengths, abilities and personal characteristics.</li> <li>• To have begun to build self esteem and confidence by looking at their own skills and achievements.</li> <li>• To begin to identify personal areas which need development.</li> </ul>
Differences and Similarities	<ul style="list-style-type: none"> <li>• To recognize that human differences and similarities arise from a number of factors including cultural, ethnic, racial and religious diversity, gender and disability.</li> </ul>	<ul style="list-style-type: none"> <li>• To consider factors that contribute to their own identity.</li> <li>• Consider similarities and differences between people in their communities.</li> <li>• Understand that people's actions and responses will be affected by different factors.</li> <li>• Be able to recognize and challenge some stereotypes.</li> </ul>
Decision Making	<ul style="list-style-type: none"> <li>• To be able to demonstrate some decision making strategies.</li> <li>• To know that there are consequences for every decision.</li> </ul>	<ul style="list-style-type: none"> <li>• To recognise that choices require decisions.</li> <li>• To be able to consider some possibilities.</li> <li>• To demonstrate effective decision-making skills.</li> </ul>
<b>Safety</b>	<ul style="list-style-type: none"> <li>• <b>To be able to use basic techniques to resist pressure.</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>To be able to identify potential dangers in different environments.</b></li> <li>• <b>To recognise that pressures to behave in an acceptable or risky way can come from different sources, including people they know and the media.</b></li> <li>• <b>To demonstrate basic techniques to resist pressures.</b></li> <li>• <b>To recognise coercive pressure.</b></li> <li>• <b>To know who they can go to for support and help.</b></li> </ul>