

RSE in Year 5

Topic	Learning Intention	Learning Outcome
Different relationships	<ul style="list-style-type: none"> • To be aware that there are different types of relationships, including marriage and those between family and friends. • To identify behaviour and attitudes which contribute to maintaining friendships and relationships including an understanding of consent. 	<ul style="list-style-type: none"> • To have explored some of the differences in relationships between friends and family. • To have explored the concept of online relationships and whether these are true “friendships”. • To be able to consider and discuss a range of family types including homosexual/lesbian parents, single parents, foster carers. • To have considered the meaning of the word love and the variety of different meanings that it has. • To have considered how other people feel in some situations and how this helps or hinders friendships. • To have practiced skills needed to maintain relationships, including the issue of consent.
Getting help and support	<ul style="list-style-type: none"> • To identify their support network and how, when and where to find support when the people in their network cannot help. 	<ul style="list-style-type: none"> • Identify people in their support network and describe why they are special to them. • Demonstrate that they know how to ask for help and support. • Identify whom to ask for help in certain situations. • Identify some sources of outside support beyond their immediate network, including for problems that occur online. • To know how to call for help from the emergency services. • Identify possible risks in seeking support and how to manage these.
Puberty and Hygiene	<ul style="list-style-type: none"> • The physical and emotional changes that take place at puberty. 	<ul style="list-style-type: none"> • To name the main male and female internal and external sexual reproductive parts, using the correct terminology. • To be aware that puberty occurs at different times for different people and be able to explain why.

		<ul style="list-style-type: none"> • To identify and describe the main physical and emotional changes that takes place at puberty for boys and girls. • To be able to identify and understand how hygiene needs change during puberty. • To make clear the link between changes at puberty, sexual intercourse and the start of a baby. • To explore girls perceptions of boys and boys perceptions of girls in a variety of situations.
Reproduction and pregnancy.	To be aware of the facts of the human lifecycle including sexual intercourse.	<ul style="list-style-type: none"> • To be able to explain how conception occurs in humans. • To understand that many people use contraception to control when they have children and how many they have. • To be aware of the stages of development of a baby in the uterus. • To be able to discuss some of the responsibilities of parenthood.