



**Contact information:**  
Text: 07557 351405  
Email: flexiflics@gmail.com

## **Tuesday After School Gymnastics and Thursday Before School Gymnastics Club At Atwood**

Flexi Flics will be back and running at Atwood School this term!!  
Tuesday afternoons will be open to all junior years and will run from 3:30 – 4:15pm  
where they will need to be collected promptly.

Thursday mornings will be open to Year 1 & 2 ONLY and will run 7:45-8:30am,  
where they will get ready for class and set to registration.

If you wish to sign up, your child will learn different gymnastics moves and progress through the  
Winstrada award scheme, hopefully achieving a badge and certificate at the end of the term,  
which can be purchased for £3.50. In addition to this your child will develop their coordination,  
balance, confidence and general gymnastics skills, while being in a fun and safe environment.

The course will run for the following dates  
Tuesdays will run from 14<sup>th</sup> September – 7<sup>th</sup> December (11 weeks- excluding half  
term and the inset day) and at the cost of £66.

Thursday's will run from 16<sup>th</sup> September – 9<sup>th</sup> December (11 Weeks excluding half  
term) at the cost of £66.

**To book a space at after school gymnastics club please contact Flick  
on 07557 351405 or email her at [flexiflics@gmail.com](mailto:flexiflics@gmail.com).**

A link and payment information will then be sent to you to register your child's  
place via our online booking system. Please complete the form and follow payment  
instructions.

Please note, all places are on a first come first served basis and spaces will only be  
secure once payment is made. If the class is full when you contact us we will let you  
know and you can be added to our waiting list in case a space becomes available.  
Please also note, all fees are non-refundable once your child has been received a  
space.

We hope To See You At Gymnastics  
The Flexi Flics Team